



Educoot

Level 3

Craft: Sewing



SAMPLE

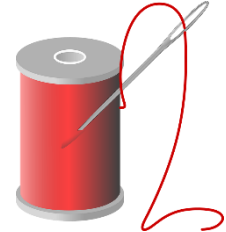
WORKBOOK

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Visual elements of your craft items

These are a few visual elements to consider when making your craft items. Write your ideas for each heading:



I. For Craft Item I

a) Which colours and/or patterns will you use?

b) What shapes/parts will you use?

c) What materials/textures will you use?

d) What form/s will you use?



Example:

Colours / Patterns: plain medium blue and light blue, white buttons

Parts: front, back, sleeves, collar, cuffs, pockets, buttons

Materials / Textures: cotton

Forms: Long-sleeve formal shirt



The features of your craft items



Craft Item 1

a) The function of the craft item

b) The size of the craft item

c) The different components making up the craft item

Craft Item 2

a) The function of the craft item



b) The size of the craft item

c) The different components making up the craft item

**There is an extra page in the Appendices if you need more!*

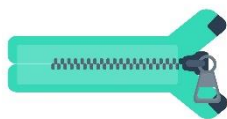


Fabric considerations

1. Complete the sentences:

**weight, extra, flaws, nap, fabric, Avoid, 140cm, flat,
stretches, pattern, edges**

- a) Fabric is sold in the following widths: 90cm, 115cm,
_____and 150cm.
- b) Fabric should not fray a lot. Check the _____ of the
fabric for excessive fraying.
- c) The fabric _____ is the soft furry side of the fabric
- d) When buying fabric always allow _____ for hems.
- e) Always check the _____ match.
- f) Fabric should not have _____. Unroll some of the
fabric and check for flaws.
- g) Fabric should not be too _____.
- h) Pattern _____ necessitates extra material.
- i) Check that the _____ of the fabric is suitable for
the intended item.
- j) _____ fabric with a nap or one-way design.
- k) Always use a _____ surface to lay your fabric.





Machine stitching

1. Complete the sentences:

stitch, fabric, seam, buttonholes, straight

a) In machine sewing, the _____ stitch is the most basic sewing stitch. Like the backstitch in hand sewing, the straight stitch is used for joining two or more pieces of _____.

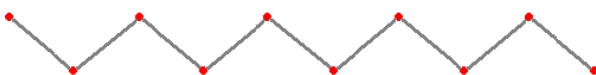
b) Sewing a few straight stitches in reverse at each end of a _____ will “lock” the threads in place, reducing the chances of the thread unravelling.

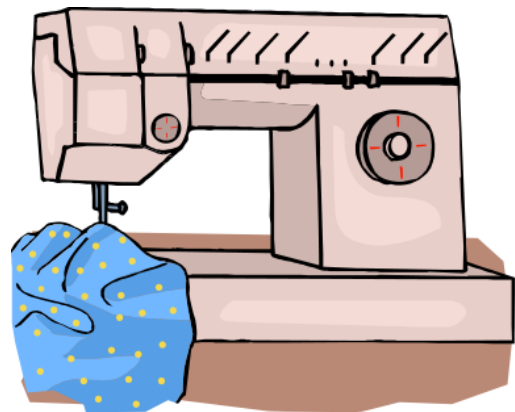
c) A zigzag _____ moves from side to side.

d) A zigzag is used to attach appliqués, make _____ and is used in basic decorative machine sewing.

2. For your craft items, what machine stitching will you use?

3. Can you identify this stitch?







Sewing safety and hygiene

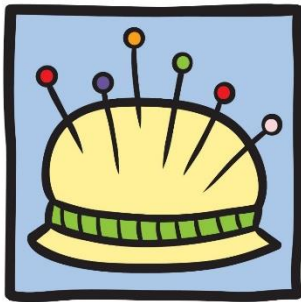
1. Personal safety and hygiene procedures should be followed when working with fabric and using sewing machines. Write **true** or **false** for each statement.



a) Hands should be washed before handling tools and fabric. _____

b) Food or drink can be consumed in the craft room. _____

c) Where available, protective clothing should be worn in the craft room to protect clothes from threads and fluff. _____



d) Ignore health and safety considerations when sewing. _____

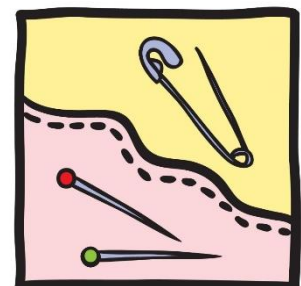
e) Use the sewing machine and sewing tools correctly. _____

f) When operating a sewing machine, sew at the fastest speed. _____

g) When sewing, place your fingers to either side of the presser foot, not directly in front of or near the needle. _____

h) Forcing or pulling the fabric through the sewing machine may cause the needle to break. _____

i) Let the feed dog move the fabric through the machine. _____





Your teamwork skills



1. Which teamwork skills do you have? Be honest!

- | | | |
|--|--|--|
| <input type="checkbox"/> Advice | <input type="checkbox"/> Helpfulness | <input type="checkbox"/> Performance |
| <input type="checkbox"/> Collaboration | <input type="checkbox"/> Honesty | <input type="checkbox"/> Persuasion |
| <input type="checkbox"/> Commitment | <input type="checkbox"/> Ideas | <input type="checkbox"/> Positivity |
| <input type="checkbox"/> Communication | <input type="checkbox"/> Language | <input type="checkbox"/> Problem-Solving |
| <input type="checkbox"/> Confidence | <input type="checkbox"/> Leadership | <input type="checkbox"/> Questioning |
| <input type="checkbox"/> Contribution | <input type="checkbox"/> Listening | <input type="checkbox"/> Research |
| <input type="checkbox"/> Cooperation | <input type="checkbox"/> Logic | <input type="checkbox"/> Respect |
| <input type="checkbox"/> Coordination | <input type="checkbox"/> Management | <input type="checkbox"/> Responsibility |
| <input type="checkbox"/> Creativity | <input type="checkbox"/> Mediation | <input type="checkbox"/> Support |
| <input type="checkbox"/> Decisions | <input type="checkbox"/> Motivation | <input type="checkbox"/> Tact |
| <input type="checkbox"/> Dependability | <input type="checkbox"/> Multitasking | <input type="checkbox"/> Targets |
| <input type="checkbox"/> Encouragement | <input type="checkbox"/> Negotiation | <input type="checkbox"/> Thinking |
| <input type="checkbox"/> Feedback | <input type="checkbox"/> Participation | <input type="checkbox"/> Trust |
| <input type="checkbox"/> Flexibility | <input type="checkbox"/> Patience | |

2. Name some ways in which you can be a good team member in the craft room.



3. Demonstrate effective team work skills throughout the course.

<input checked="" type="checkbox"/> Tutor verification	Tutor signature	Date



Assessment Brief 3



Course:	Sewing
Course Code:	3NI035
Assessment:	Skills Demonstration / Collection of Work
Title:	Making craft items
Weighting:	Skills Demonstration 80%, Collection of Work 20%

Guidelines

You will be expected to:

1. Make a range of craft products in two or three dimensions
2. Use a range of craft tools and equipment correctly
3. Use a range of craft processes on materials
4. Use known solutions to prevent or resolve a limited range of common technical problems.
5. Display completed craft products with supporting research and design work.

Assessment criteria

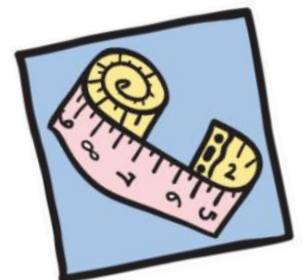
- ✂ Exercises and tasks must be complete and correct.
- ✂ Use language and terminology appropriate to the craft of sewing, e.g. craft tools and equipment and techniques.
- ✂ In making craft items, include selecting appropriate materials, equipment and processes and paying attention to costs.
- ✂ Craft products are to include experimenting with a range of cutting techniques, joining, shaping, manipulating, finishing, rendering and decorating as appropriate.
- ✂ Demonstrate the use of solutions to prevent or resolve a limited range of common technical problems.
- ✂ Apply good workshop practice to include set up and preparation, organization and clean-up of the work area
- ✂ Apply appropriate health, safety and personal hygiene practices to safeguard against accidents and hazards
- ✂ Demonstrate the application of communications, team working and quality awareness while working in a craft environment.
- ✂ Photographic / video evidence may be required.

Submission date: _____

Declaration of Authenticity: I confirm that this is my own original work.

Signed: _____

Date: _____





Craft processes – Cutting techniques

Complete the sentences:

fabric, pin, pattern, right, cutting, iron, scissors, sharp

1. Choose scissors that are the _____ size for the job.



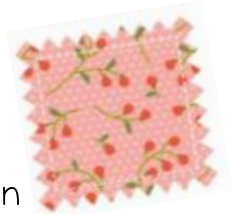
2. Use rotary cutters, where necessary. They are extremely _____ so be sure to cut away from yourself, never toward yourself.

3. Smooth out your _____ before you cut it.



4. If your fabric is wrinkled or creased, take the time to _____ it.

5. If you're using a pattern, cut it out on the outside lines before you _____ it to the fabric. Don't try to cut the pattern out of tissue or paper at the same time you're cutting out the fabric.



6. Don't lift the pattern and fabric off your work surface when you're _____ with scissors. Instead, try to run your scissors close to the work surface to prevent distorting the pattern and stretching the fabric.

7. Before you actually start cutting into your fabric, make sure all of your _____ pieces are laid out correctly.

8. Make sure your pins and _____ are sharp! Dull pins can be damaging on more delicate fabrics, and sharp scissors make a big difference in the accuracy of your cutting.

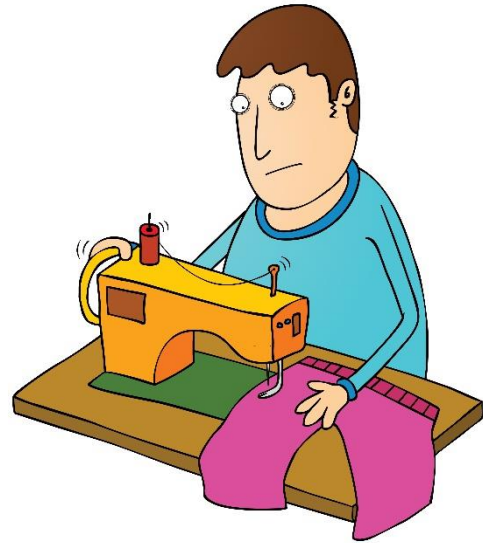




Sewing Machine

Use a sewing machine.

Demonstrate the following. Tick when you have done it.



- Thread the machine properly.
- Choose correct thread and needle for the fabric.
- Raise the needle to the highest position.
- Adjust the stitch length and tension to suit the fabric.
- Test the stitch on a scrap of fabric.
- Keep the bulk of the fabric to the left of the needle at all times.
- Insert the fabric from the front and then lower the presser foot.
- Lower the needle with the hand wheel.
- Begin machining by pressing lightly on the foot pedal.
- Guide the fabric towards the machine. Do not push or pull.
- If you need to stop in the middle of a line or to turn a corner, leave the needle in the fabric.
- At the end of a line, reverse for a few stitches.
- Raise the needle and lift the presser foot.
- Pull the fabric to the back and cut the thread.

 Tutor verification	Tutor signature	Date



Evaluating your choices

For Craft Item 1

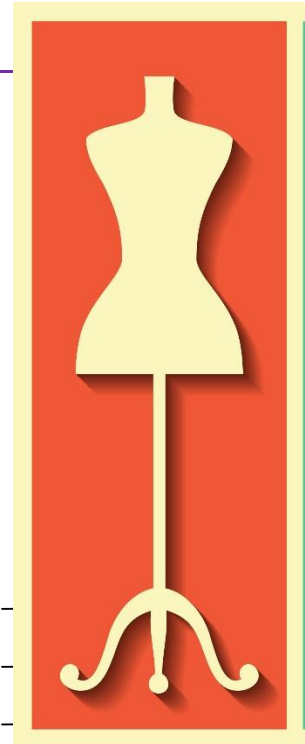
Comment on the following:

a) The suitability for purpose

b) The choice of stitch and technique

c) The choice of material and equipment

d) Overall





Cost

1. Write the actual cost of producing the craft items. Include a breakdown of the variety of materials / fabrics / notions, etc.

Elements	Cost - Craft Item 1	Cost - Craft Item 2
Patterns / Sketches		
Fabric/s		
Other materials		
Embellishment		
Other		
Total		
Total overall		


2. Check back on your estimated costs. How close were your estimates?





Displaying your craft items

- In displaying your craft items, include supporting research, sketches and design work.
- Follow all rules for display, as given by your tutor.
- Write a few rules below:

 Tutor verification	Tutor signature	Date

Go through this checklist at the end of your course:

- At the front of your portfolio, you have your name, the date the course started, your PPS Number and your signature.
- All assessment briefs are dated and signed.
- The Programme Overview is signed and dated.
- All tasks are complete.
- You have checked and proofread your work.
- Tutor verification sections have been signed.
- Your craft items are complete.
- Your craft items are suitably displayed.
- All work is corrected.
- The feedback form has been filled in.

